Issue 101 October 2025



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# Ventura County Events

#### Oxnard Multicultural Festival

October 4th 10am - 4pm Plaza Park

#### Corks & Kegs Beer and Wine Festival in Thousand Oaks

October 9th 5:30pm - 8:30pm Los Robles Greens

#### Seaside Highland Games

October 11th & 12th 9am - 5pm Ventura County Fairgrounds

#### 11th Annual Dia de los Muertos Festival

October 26th 11am - 5pm Strathearn Park in Simi Valley

#### **Inaugural Pumpkin Paddle**

October 25th 10am - 12pm Channel Islands Harbor Bring your kayak or paddle board - IN COSTUME

#### Start Your Winter Garden

With the warm weather of the summer months here in Southern California, our local farmers and backyard gardeners have produced lots of mouth-watering fruits and veggies that we've all enjoyed, especially those delicious strawberries! Now that summer is officially over and temperatures seem to be cooling down, it's time to start planning your winter garden. Winter can be



one of the most enjoyable times to garden in Zones 9 and 10 (Southern California). Even though there's a little less sunlight and cooler temperatures, you can still produce tons of delicious food for you and your family to enjoy.

#### More reasons to consider a winter garden:

Rain. We get it almost exclusively in winter, and it is free, it saves time from not having to irrigate, and rainwater quality is superior for our soil and plants compared to the district water that comes through the pipes. Pest and disease reduction. Many garden pests usually go dormant in the cool winter soil, and powdery mildew usually disappears in winter. Crop preferences. Certain plants are harder or impossible to grow well at warmer times of year, or don't taste as good, including broccoli, cauliflower, cabbage, brussels sprouts and lettuce.

**Wonderful working environment**. Most of the daylight hours during winter in Southern California have temperatures in the 60s, which is perfect for being active in the yard. Less sweating, less sunburn, more energy.

#### What you can grow in your winter garden?

**Leafy Greens:** Kale, spinach, lettuce, Swiss chard, arugula, and collard greens are excellent choices that thrive in cool weather.

Root Vegetables: Carrots, radishes, beets, and turnips.

Brassicas: Broccoli, cauliflower, cabbage, and brussels sprouts.

**Legumes:** Peas, including snow peas and sugar snap peas.

**Alliums:** Onions and garlic (cloves) can be planted fall and winter.

Herbs: Easy-to-grow herbs like cilantro, parsley, chives, and dill.

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# Welcome to Ventura Management

**Brent Stronge Precious Stronge Lindsay Morris** Patricia Morris The Du Vivier Family **Kevin Howe** 

- Need to buy or sell your home? Ask how we can save vou thousands!
- Know someone who needs help with property management. We can help!

Chris Marsh has been in the real estate business and serving the Ventura County area for over 35 years. He is well versed in all types of real estate matters.



ChrisMarsh 805 630-4925



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Start Your Winter Garden (cont.)

#### When should you start your winter garden?

The summer weather in Southern California often stretches well into the seasons we traditionally associate with the fall, which means the point at which you can put your cool-weather vegetables into the ground can be a moving target. Conventional wisdom suggests that late September or early October is the ideal time for cool-season vegetables, but you can certainly put those vegetables into the ground a little earlier or a little later if that works best for you.

#### You can start your garden from seed.

If you are starting seeds in the winter to plant in your winter garden, keep in mind that low temperatures could require you to start your seeds in the warmth of the indoors. Depending on temperatures in your area, you may need to start on a windowsill or in a greenhouse.

#### You can also start your garden from food scraps.

Starting your garden from your windowsill is as easy as placing the ends or tops of a few kitchen produce scraps in about an inch of fresh water and setting them in partial sunshine. Your only maintenance is to change the water daily this is a great project for kids.

For an easy start with quick results, begin with green onion and garlic. Place about 3 inches of the white part of green onion – with the roots attached - in a jar and in a few days, you'll start to see regrowth. For garlic, choose a whole bulb or individual cloves that have started to send out green sprouts.



Hopefully by now you feel inspired to start your winter garden, so grab your gardening gloves and shovel and take advantage of the cooler temps. You will be enjoying your delicious harvest before you know it! Happy gardening!

### **October Quote:**

A pessimist sees the difficulty in every opportunity; an optimist sees the opportunity in every difficulty

Winston Churchill

Member of the National Association of Residential Property Managers

